

Featuring

Weekly Evening Classes

Trapeze • Juggling
Acrobatics • Hula hoop
Dance • Acrobalance

Monthly Cabarets

New Variety • Modern Circus
Comedy • Live Music

Youth Circus

Youth Aerial Classes

Team Building for Business

Entertainment & Promotions

Children's Birthday Parties

Hen and Stag Parties

Gift Experiences

Circus Workshops in Schools

Transform - Professional Artistic Development Programme

See separate flyers for more
details or see our website:

www.greentop.org

Membership

You don't have to be a member of Greentop to come on our workshops but if you do then you receive discounts on workshops and classes, plus you will be supporting our charitable work. Membership rates for 2010 are £50 or £20 for concessions/students.

Who We Are

Greentop is an arts charity based in Sheffield, we have a unique circus centre in the east end of the city that boasts the only fixed aerial rig in Yorkshire, as well as an extensive range of circus kit and equipment.

We work with many aspiring and professional performers, offering them unique artistic development, professional engagements and employment, for both local and international clients.

We work with the other major circus schools to raise standards across the industry and act as an advocate for circus on a local and national level.

How to find us



Bus Routes 45 & 46 From City Centre / Arundel Gate

0114 244 8828
www.greentop.org

Find us on Facebook: www.facebook.com/GreentopCircus

Greentop Community Circus Centre
St Thomas Building, 74 Holywell Rd
Sheffield, S4 8AS

Reg charity (1054722) • Reg company (3185290)

Circus Classes & Workshops

Spring into Circus!



Supported by
**ARTS COUNCIL
ENGLAND**

Aerial & Acrobatics

Beginners Trapeze

Jan 16, Feb 20, Mar 20, Apr 17
11.00 - 4.00

An introduction to this exciting circus art, including: warm up, body conditioning, rope work, moves on and under the bar and some transitions. Suitable for adult beginners - no experience necessary. This workshop is also a good basis for further training in aerial silks and rope work in subsequent workshops. **£35 / £30**

Swinging Sundays

Jan 10, Feb 14, 11.00 - 6.00

Learn new techniques and improve existing skills, try moves on and under the bar, from standing and sitting, experience the thrill of being weightless. For beginners and advanced students, open to everyone with some aerial experience, reasonable fitness and a good head for heights. **£30 / £20**

Intermediate Trapeze & Aerial Silks

Jan 24, Mar 7, 11.00 - 4.00

Learn more advanced static trapeze moves, techniques and sequences then try the beautiful, graceful yet dynamic aerial silks. Learn climbing techniques, locks, hangs and more dynamic moves. **£35 / £30**

Intermediate Trapeze & Chinese Pole

Feb 7, 11.00 - 4.00

Learn more advanced static trapeze moves, techniques and sequences then try the exciting and challenging Chinese Pole, including classic moves and climbing techniques. A great workshop for pole artists, dancers, climbers and people with some basic aerial experience. **£35 / £30**

Valentine's Special!

Acrobatic Partner Balancing

Feb 13, 11.00 - 1.30

Treat your beloved to a unique circus experience they'll always remember with this acrobatic balancing workshop. A great way to get fit and strong, improve your posture, flexibility and have loads of fun. Requires you to book on in pairs, no experience necessary. **£45 per couple**

Aerial & Acrobatics - Guest Tutors

The Space Between - Aerial Dance with Gerry Turvey

Jan 30 & 31, 11.00 - 4.00 (two days)

A workshop aimed at both ground-based performers and aerial dancers to develop ways of working together that will challenge techniques, styles and process in the 'space between' air and floor, with an aim to produce new choreography which will be shared at the end of the workshop. **£80 / £70**

Acrobatics & Tumbling with Marcelo de Ramos

Feb 28, 11.00 - 4.00

This workshop will cover tumbling (cartwheels, round-offs, somersaults, twists), mini-trampoline and acrobalance. Suitable for all levels; skills taught will depend on the level of the participants. Marcelo is an experienced acrobat, teacher and specialist stuntman. **£40 / £35**

Swinging Trapeze with Mike Wright

Mar 13 & 14, 11.00 - 6.00 (two days)

An opportunity to train with an expert swinging trapeze teacher at your own level and pace, learn new moves, develop your range, improve your techniques under the tutor's expert eye. Previous aerial experience, good fitness and appropriate upper body strength required. Pre-book your time slots. **£80/£70**

Chinese Pole & Acrobalance with Richard Durnford

Apr 25, 11.00 - 4.00

This workshop will focus on Chinese pole and acrobalance. This challenging and informative workshop will be taught at each participant's own level and will they be encouraged to explore the equipment themselves. Taught by expert artist and performer Richard Durnford of Bongo Bolero. **£40 / £35**

Prop Manipulation & Balancing

Stilt Walking Workshop

Jan 17, 2.30 - 5.00

Learn the art of stilt walking using both hand-held stilts and strap-on peg stilts. Learn to warm-up, be safe, techniques, tricks and more. A versatile and fun piece of kit, indispensable for performance to create stature and visual impact in parades and shows. **£13 / £18**

Diabolo Workshop

Feb 21, 2.30 - 5.00

Learn the ancient Chinese art of Diabolo, from basics, getting it spinning, beginner's moves and advanced techniques such as grinds, orbits and cradles. Learn at your own level from an experienced tutor. **£13 / £18**

Transform

Poi & Staff Workshop

Feb 13, 1.30 - 4.00

Poi (weighted balls on strings/ropes) and staff (long wooden poles/sticks) are used in performance art, and are swung or spun in circular patterns. Related to juggling, diabolo, baton twirling and martial arts, they are fun and creative, easy to learn but a lifetime to master. **£13 / £18**

Circus Taster Days

Feb 6, Mar 6, 11.00 - 1.30

Our Circus taster days are a great introduction to what you can do at Greentop Circus, including juggling, plate spinning, stilt walking and tight wire. Open to everyone, adults and kids, no experience necessary. **£2 each**

Performance, Dance & Movement

Puppet Workshop with Eleanor Hooper, Piff Paff Arts

Jan 23, 11.00 - 4.00

Learn to make a puppet from all sorts of stuff and then how to bring it to life, even put together your own show! Taught by an experienced performer and puppeteer. No experience necessary and suitable for adults and children. **£35 / £30**

Burlesque, Dance & Pole

Jan 17, Feb 21, Mar 21, Apr 18, 11.30 - 2.00

The traditional artform of burlesque has its heritage in theatre and variety. The emphasis is on the tease with lashings of humour. Each class will teach a variety of techniques (fans, tassles, stripping, strutting, routines, pole dancing etc). The private classes are women only (16 years +) and no nudity. The atmosphere is supportive, relaxed and fun, taught by experienced burlesque teachers. Whether you want to be Dita Von Tease or simply increase your confidence and feel more sexy, these workshops are for you! **£35 / £30**

Masks Workshop with Phil Coggins, Babbling Vagabonds Theatre

Mar 28, 11.00 - 4.00

Throughout the world masks are used for their expressive power as a feature of masked performance - both ritually and in various theatre traditions. In performance, we can enter into a new persona, try out characters, take risks, explore and create. Phil Coggins is an experienced performer and director who will work with people at their own level, no experience necessary. **£35 / £30**