



# Summer Of Circus



www.greentop.org

Professional-level development programme. Courses are delivered over several days, and held mid-week, to allow artists and performers to get the most out of their training experience with some of the best teachers in contemporary circus and theatre.

June 8th, 9th, 10th & 11th - **Acrobalance, Hand Balancing & Chinese Pole**  
With Bongo Bolero - £160 / £149

July 8th and 9th - **Advanced Juggling Techniques, Gentleman Juggling & Beyond**  
With Rod Laver "One of Europe's finest and most innovative jugglers" - £80/£70

July 21st, 22nd, 23rd - **Doubles Trapeze**  
With Martha Harrison Circusspace and Barefoot Theatre- £120 / £105

Sept 7th, 8th, 9th, 10th, 11th - **Clowning**  
With Gerry Flanagan - £200 / £175

## Shows

**3rd July** - In the Boat Theatre presents **Cabaret Twilight**  
Tickets £10/£8 Concessions/members/Students

**8th July** - 7.30-8.30 - Special Show of 'Gentleman Juggling' by Rod Laver  
Tickets £5, includes free entry to juggling club afterwards.

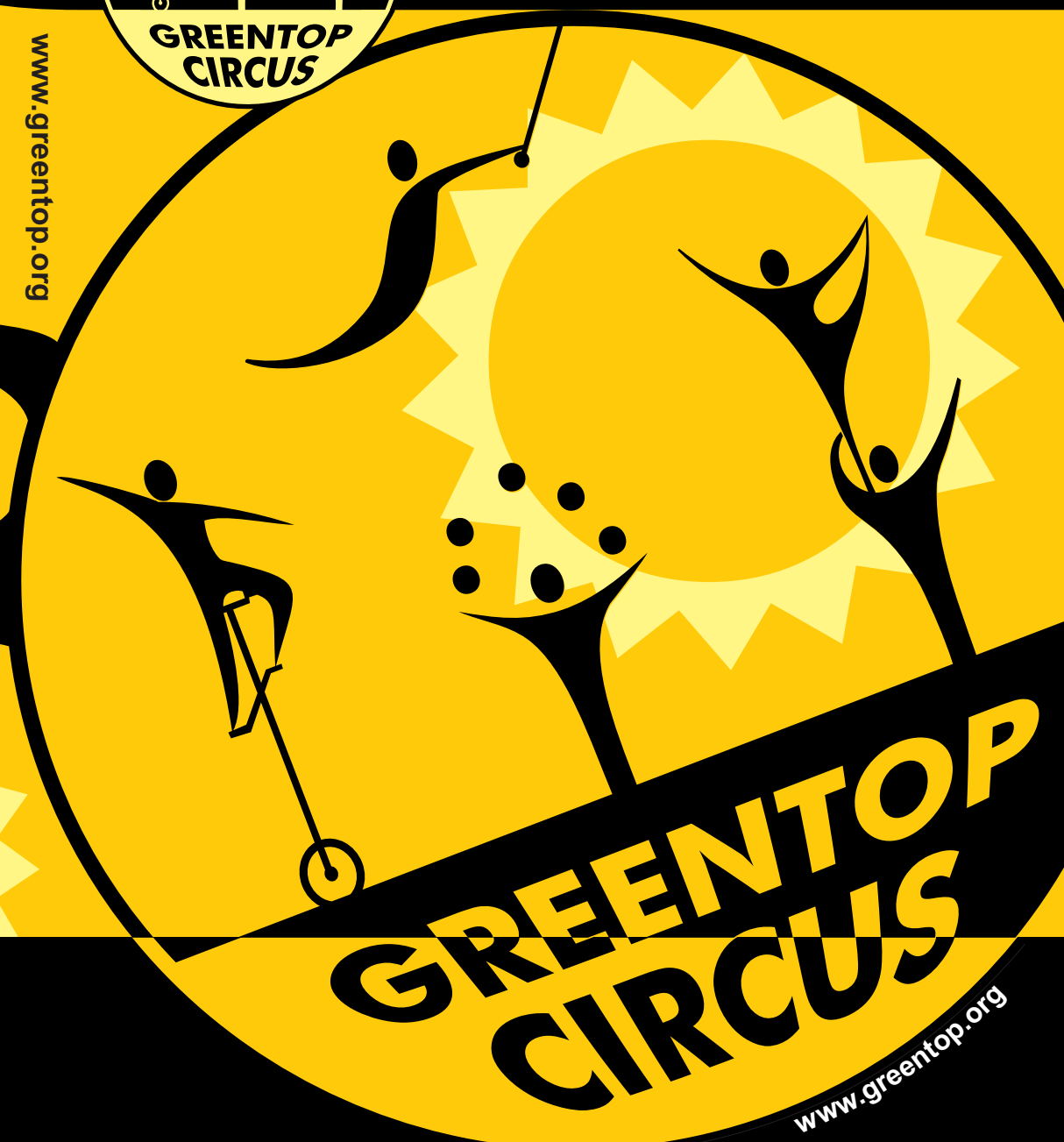
**31st July** Secret Cabaret, SHHH! Don't tell anyone.  
See website for further details: [www.greentop.org](http://www.greentop.org).

## Greentop also provides:

- ☉ Children's Parties
- ☉ Team Building for Business
- ☉ Wedding Entertainment
- ☉ After-school Clubs

## Greentop Circus Centre

Saint Thomas Building • 74 Holwell Rd • Sheffield • S4 8AS  
[www.greentop.org](http://www.greentop.org) • 0114 244 8828



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# Weekly Adult Evening Classes

## Dance Fusion

*Mondays 5.30pm - 7pm from 8th June* **NEW**

From 8th June. Ballet inspired fusion dance workshop. Suitable for absolute beginners and anybody else who wants to get fitter, increase flexibility, improve posture, stage presence and strength. No experience necessary. Also useful for performers from other disciplines.

Price: £5 or £4 Members/Students/Concessions

## Beginner's Static Trapeze

*Mondays 7pm - 9pm*

Learn static trapeze in a friendly environment from experienced tutors. Full training provided, proper warm up, stretching and body conditioning included. Great for absolute beginners, useful and inspiring for climbers, dancers and anybody else from a physical background or discipline.

Price: £7 or £5 Members/Students/Concessions

## Hula-cise

*Wednesdays 5.30-7pm - from 15th July* **NEW**

From 15th July. Hula-Hoop fitness class. A great way to get fit for summer, tone that tummy and have fun while you do it! Learn from an expert hula-fitness tutor who can teach you basic and advanced techniques, using pretty much all parts of your body!

Price: £6 or £5 Members/Students/Concessions

## Circus Skills Sessions

*Wednesdays 7pm - 9pm*

Open to everyone - beginners and experienced performers. A fully equipped and friendly space to learn and practice juggling, plate spinning, stilt walking, tight wire, unicycle, poi, staff and loads more.

Price: £5 or £3.50 Members/Students/Concessions

**8th July - 7.30-8.30 Juggling Show Special**

Rod Laver from Circus Space and Circomedia will be performing a very special one-off show as part of his Masterclass in 'Gentleman Juggling' (see [www.greentop.org](http://www.greentop.org) for more info). Tickets only £5 advance and include free entry to the class afterwards.

## Acrobatics & Tumbling

*Thursdays 5.30pm - 7pm* **NEW**

From 18th June. Learn acrobatics, tumbling, handstands, floor work, cartwheels, hand springs and much more from expert acrobatics tutors. Something for everyone, from absolute beginners to experienced tumblers. For adults and kids.

Price: £7 or £5 Members/Students/Concessions

## Intermediate Aerial Skillswap

*Thursdays 7.30 - 9.30pm*

Develop more advanced skills on a range of aerial equipment including swinging trapeze, Chinese pole, aerial hoop, silks and corde lisse (rope). For people with some previous aerial experience, including those who've been on Greentop's own Beginner's Trapeze training.

Price: £7 or £5 Members/Students/Concessions

## Acrobalance Skillswap

*Fridays 7 - 9pm* **NEW**

Learn acrobalance, partner balancing (adagio), hand balancing, basing, flying and spotting in our lovely circus centre, with crash mats, floor mats, a lunge and a group of like-minded people! Great for fitness, flexibility and strength.

Price: £5 or £3.50 Members/Students/Concessions

# Weekly Kids Classes

## Sheffield Youth Circus

*Tuesdays • 8-12 yrs 5.30-6.45pm • 13-16 yrs 7.15 - 8.30pm*

Bring your kids along to learn a range of fun stuff like juggling, trapeze, stilt walking and unicycle. Regular kids shows for friends and family, great for building confidence and improving fitness in a creative and nurturing environment.

Price: £3.50 per child per session. Bursaries available, discounts on block bookings

## Youth Trapeze & Aerial

*Saturdays • 9.30-11am - from 20th June* **NEW**

From 20th June. For children and young people who want to specialise in trapeze, silks and other aerial apparatus. Taught by experienced circus tutors, this friendly class will teach the how to warm up, stretch, use the various pieces of aerial equipment and the skills needed for performance.

Price: £6 per child or £5 (Members of the Sheffield Youth Circus)

# Monthly Workshops

## Beginner's Static Trapeze

*Saturdays - June 20 • July 18 • August 15 • 11am-4pm*

A fun and rewarding day learning static trapeze. Including full warm up, conditioning, rope work, moves on and under the bar and some transitions. Always a popular workshop so book early.

Price: £35 or £30 Members/Students/Concessions - Special offer! 10% off if you book onto all 3 workshops

## Swinging Sunday Sessions

*Sundays - June 14 • July 12 • August 9 • 11-4.30pm*

Did you know that Greentop is the only place in Yorkshire you can learn swinging trapeze? Come down to our monthly Swinging Sunday Sessions and be taught in a safe and friendly environment by experienced circus tutors. No experience necessary, we will teach you all you need to know. Come on down and learn to fly!

Price: £20 or £15 Members/Students/Concessions - Special offer! 10% off if you book onto all 3 workshops

## Burlesque Dance

*Sundays - July 26 • August 23 • 10.30am-1.30pm* **NEW**

Greentop's Burlesque classes are a great introduction to the art of burlesque and Cabaret style dance routines ranging from Striptease and Moulin Rouge/Can-Can styles, to stage and show styles plus Lap/Chair Dance. It's not all about stripping down and jiggling about! Tasteful, no nudity, great fun, men welcome.

Price: £30 / £25 Members/Students/Concessions - Special offer! 10% off if you book onto both workshops

## Circus for Everyone!

*Sundays - June 27 • July 25 • August 22 • 11am-2pm* **NEW**

Circus should be for everyone! Come on down to our special family friendly, open to all, no experience necessary, circus fun days. Have a go at juggling, stilt walking, tight wire, trapeze and much more besides!

Price: £3 adults, £1 kids

To book onto any of these workshops, call 0114 244 8828